

What is OxWell?

OxWell is one of the largest surveys of children and young people's health and wellbeing in England. It gives young people a voice on the issues that affect their lives, from mental health and school experience to digital life and support networks.

How is the data used? We use the findings to:

- Inform schools about students' lived experiences
- Support local authority planning in health and education
- Guide service development in areas such as CAMHS, mental health in schools, and public health
- Shape national policy and research around child and adolescent wellbeing

Who takes part?

In **2025, over 35,000** students from secondary schools and colleges have taken part in the OxWell Student Survey and many of these students are from Oxfordshire and Liverpool. All responses are confidential and students are not identified in any reports, ensuring that their information is protected while still giving valuable insights into their experiences

What does the survey ask about?

- Mental health and wellbeing
- School experience and support
- Sleep, physical activity, and safety
- Online life and digital mental health
- Relationships, bullying, and more

OXWELL 2025 - AT A GLANCE

What makes OxWell different?

- It asks students directly, using a large, diverse sample
- It covers a broad range of relevant topics
- It feeds back to schools, trusts, and councils in a meaningful way
- Researchers are analysing the data to ensure the findings are properly understood and shared.
- OxWell data is used to inform evidence-based change and is made available to ensure transparency and wider learning.

Thank you

By supporting OxWell, you are helping to put young people's voices at the centre of decision-making.

Want to know more?



Please visit our
website:

<https://oxwell.org>